

STARTING WITH TRUST: TRAUMA-INFORMED PATHWAYS TO RESILIENCE

PROGRAMME

8 October 2026, Reykjavík and Online

- 09:00-09:30** Registration and coffee
- 09:30-09:45** **Opening remarks by the Minister of Justice of Iceland**
- 09:45-11:30** **Rachel Witkin, director of the MSCOS Community of Practice at King's College London**
'Creating the illusion of time': The trauma-informed code of conduct for task, role and remit
- 11:30-12:00** **Hildur Sunna Pálmadóttir, prosecutor at the Reykjavík Metropolitan Police**
Turning training into action: A trust-based approach to an Icelandic labour trafficking operation
- 12:00-13:00** Lunch break
- 13:00-13:30** **Dr. Paola Cardenas, clinical psychologist and forensic interviewer, leader of Barnahus Iceland**
From safety to recovery: Supporting refugee children
- 13:30-14:00** **Harpa Oddbjörnsdóttir, clinical psychologist and forensic interviewer at Barnahus Iceland**
Refugee Children at Barnahús: Forensic Interviews and Therapy
- 14:00-14:30** Coffee break
- 14:30-15:00** **Jódís Bjarnadóttir, social worker at the National Agency for Children and Families**
Prosperity Act: Supporting the inclusion and well-being of children with refugee backgrounds
- 15:00-15:30** **Margrét Sigmarsdóttir, professor at the University of Iceland**
Strengthening Parenting Among Refugees in Europe (SPARE): Meeting refugee parents where they are
- 15:30-15:45** Reflections and summary